



FEBRUARY 2020 NEWSLETTER



ACCESS BARS®

All of Life comes to me with Ease, Joy & Glory!®



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WHAT IS ACCESS BARS?

Access Bars is a gentle hands-on modality that was introduced by Gary Douglas. The Bars® are 32 unique points on the head that correlate to different areas and aspects of life.

During an Access Bars session, a practitioner gently touches these points to release the electromagnetic charge of all thoughts, ideas, attitudes, decisions, and beliefs that may have limited you in the concerned life areas.

We carry all the good and the bad with us that life has thrown our way. All these moments are stored in us as a form of energy that our body clings to, but there is a way to release it, let go and move on.

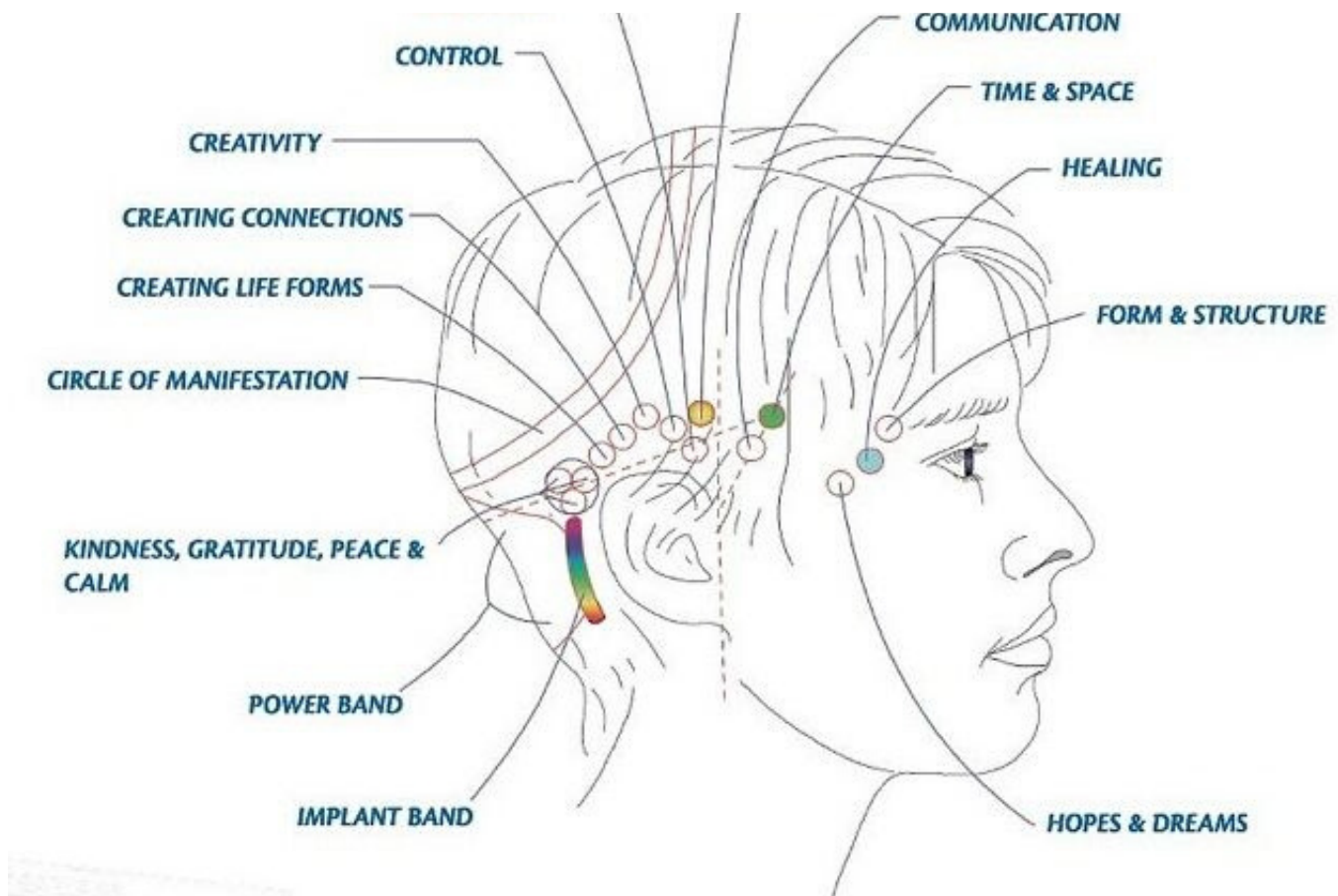
Access Bars allows us to rid ourselves of all stuck energy, which in turn frees up the room to create something new and wonderful in our lives.

It enables us to see life from a new perspective and takes us where we want to be. A new reality opens allowing us to see the endless possibilities life has to offer.



Gary Douglas, founder of Access Bars

HOW DO BARS RELATE TO CERTAIN AREAS IN MY LIFE?



HOW CAN ACCESS BARS IMPROVE MY LIFE?

BY MARION COETZEE

Access Bars® has assisted thousands of people to change many aspects of their lives. People report better health, ease of sleep, weight loss, better sex and relationships, relief from anxiety, less stress and so much more.

The effects of Access Bars are individual to each person and differ from session to session however recipients have reported greater intuitive awareness, more gratitude, kindness, peace and calm and easier communication.

A typical session lasts 60 minutes. 90 minute sessions can also be arranged.

Access Bars also benefits children. It often helps to improve grades and relationships with friends and parents. A session for children only lasts 15 minutes.

Most common benefits of Access Bars

- Greater mental clarity, motivation and problem solving capacity
- Increase in joy and happiness
- Improves mood and maintains a positive outlook
- Improved manageability of depressive and anxious tendencies.
- Shift of negative thought patterns and limiting beliefs.
- Often improvement of physical pain
- Deeper relaxation and better sleep

BLUE SKY HEALING - Marion Coetzee - Strand - 072 906 1010 - marion@coetzee.de

CLIENT TESTIMONIALS

FROM MY FACEBOOK PAGE BLUE SKY HEALING

I recently had an Access Bars treatment which I am finding very beneficial in my day-to-day life and in my work. Over the past couple of years I have become increasingly overwhelmed with my circumstances and challenges in my life and I feel that the treatment is definitely a huge contributing factor in my ability to face things head-on. Thank you Marion for holding my space with so much compassion and patience.

Remuna B. - Somerset West

Wow! Absolutely blown away by the Bars treatment. I felt tingling, saw different colors and fell asleep during the treatment. Now I feel totally centred, calm and I got my confidence back. I feel like I can take on the world again. I can highly recommend this treatment to anyone who wants clarity back into their life. Thank you so much!

Frank F. - Somerset West

I was feeling somewhat down and a little confused about where I wanted to go in life, and facing some really tough life decisions. So I went to Marion for an Access Bars treatment which worked like a charm! During the treatment, whilst Marion was talking to me, I don't even know what she said, but it was as if a lightbulb went on inside my head and the choice became clear. I then drifted off into the deepest sleep and awoke refreshed and determined to carry on, I can highly recommend the Bars treatment by Marion Coetzee.

Carol S- Gordons Bay



Magic.
YOU ARE IT. BE IT.

*Let Access Bars help you
to live your Magic.*

WHAT IF EVERYTHING YOU
ONCE IMAGINED POSSIBLE,
ACTUALLY IS POSSIBLE